

Professional Unification of Martial Arts

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TAEKWON NEWS

Newsletter for the P.U.M.A. Newbury School of Taekwon-Do

August 2011

Welcome to the first edition of 'Taekwon News' which will be published monthly to bring you important information regarding our School. We will aim to publish this newsletter at the start of every month but you can keep up to date with events by looking at our FACEBOOK page 'Newbury Taekwon-Do Group'.

Events in August 2011

Training in August

- **All** training sessions are expected to continue as normal during August but please check our 'Newbury Taekwon-Do' Facebook page for any alterations that may be announced.

12-14th August – Kids Summer Camp (places now closed).

Events in September 2011

Saturday 3rd September - PUMA Day. This is a great fun day for ALL the family (including those who do not do Taekwon-Do) and it's FREE. Starts at 10am at King Edwards School, North Road, Bath, BA2 6HU

Sunday 4th September - Kids Championships: Starts at 10am at King Edwards School, North Road, Bath, BA2 6HU. For Little PUMAs and Coloured Belts (up to and including 16 years of age). Cost is £15 per child which includes entry to all relevant events e.g. Patterns, Sparring etc. Accompanying adults & family entry is FREE. **PLEASE NOTE – entry forms MUST be submitted to Mrs Sukwong-Fletcher by 18th August.**

Saturday 24th – PUMA Team Championships – listen out for more details.

Sunday 25th September – Grading at the Kennet School, Thatcham. (which means be prepared for your pre-grading at least two weeks before!!)

Weds 28th and Thurs 29th – Black Belt pre-Grading Training – Oasis Centre Swindon.

What has been Happening at the School

Adult Summer Camp at Croyde, Devon (31st July to 6th August). Here is a short report from Marshall Greensmith (1st Kup) who attended his first Summer Camp.

“I had a great time at the Camp, it was a brilliant experience for me now that I am coming up to black belt. There were lots of people there willing to help me on anything I didn't know. It was pleasure training with Master Ogborne, Master Gayle and Master Black”



Information from your Instructors

Mr Sanderson has now started to implement some changes in the School following your feedback from his questionnaire. One of the most important points will be that the Sunday session will probably be moved to a Monday night – please listen out for further announcements.

Quick Quiz

1. Can you say the following numbers in Korean without using your fingers to help you: 3, 6 and 8?
2. What does Ap Chaolligi mean?
3. Who do you think put chocolate stains on Master Ogborne's Dobok at Summer Camp?

Design a Newbury School of Taekwon-Do Logo Competition!!!!

Calling all juniors & little PUMAs – can you design a new Logo for our School? The winner will have their design designated our official Logo – all entries to Mr Sanderson by **Thursday September 15th**.

Taekwon and have a great summer,

Master Ogborne, Mr. Sanderson, Mrs. Sukwong-Fletcher, Mr. Shelford and Mr. Greensmith

What would you like to see in the 'TAEKWON NEWS'? If you have any suggestions for additional information you would like to see then drop me a comment at den@greensmith.info