



Professional Unification of Martial Arts

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 P.U.M.A Newbury Taekwon Do

# TAEKWON NEWS

Newsletter for the P.U.M.A. Newbury School of Taekwon-Do

October 2011

Many congratulations to all of the students who passed their grading last month and to those who entered competitions. Please take the time to go and personally congratulate those students for all their efforts and representing Newbury. A special mention this month to Mr Sanderson, Mr Jesse, Mr Pyne and Daniel Green who are taking the upcoming black belt grading so please wish them well. Please note that the PUMA Magazine 'Planet PUMA' is now available for free download from **PUMA-uk.com** which includes an article by Mr Sanderson.

## Events in October 2011

**Sat 1<sup>st</sup>/Sunday 2nd October.** Black Belt Grading at Oasis Leisure Centre Swindon

**Wednesday 12th October.** Bill 'Superfoot' Wallace Seminar, 7-9 PM, Bristol

**Saturday 15<sup>th</sup> and 29<sup>th</sup> October** black belt training (1st kups and above) 10:30-12:30am at Northcroft Centre, Newbury.

**Sunday 23<sup>rd</sup> October.** P.U.M.A. Stars vs Stripes Fight Night at the Oasis Leisure Centre Swindon Doors open at 2pm for 2:45 start. Tickets are £15 (£10 per family member)

**Saturday 29th October:** Kickboxing Tournament at Swindon Oasis Centre. All Taekwon-Do students welcome to participate/attend (see Mr Jesse for further details).

**Halloween Party** – listen out for more details

## Events in November 2011

**Friday 4<sup>th</sup> – Sunday 6<sup>th</sup> November** PUMA Winter Camp at Warmwell Dorset

**Saturday 21<sup>st</sup> November.** Black Belt Presentation Evening at Oasis Leisure Centre Swindon 6pm.

**Sunday 27<sup>th</sup> November** British Championships at Oasis Leisure Centre Swindon

## What has been Happening at the School

Congratulations to the following students who entered competitions in September and to those students who attended the demonstration at Northcroft Centre on the 24<sup>th</sup> September. The Children's and Team Championships are a great fun event and we will be looking to enter more teams next year. Please congratulate the following students when you see them for representing Newbury.

## **Children's Championships (Bath 4<sup>th</sup> September 2011)**

**Callum Wyatt** (Bronze in patterns), **James Nicoll** (competitor), **Sam Cheney** (bronze in running race), **William Curtis** (competitor), Edward Chandler (Gold Sparring), **Charlie Steward** (Silver in patterns and Bronze sparring), **Rosie Middlewick** (competitor)

## **PUMA Team Championships (Swindon 24<sup>th</sup> September 2011)**

<b>The Newbury Terrific Three</b>	<b>The Terrifying Newbury Trio</b>	<b>The Newbury Tigers</b>	<b>The Dangers of Defence</b>
William Walke Elliot Crouch Harvey Brown <b>Silver</b>	Tomas Tester Tanya Cook Ananya Devgan <b>Bronze</b>	James Nicoll Jack Daly Samuel Cheney Noah Greenway Joseph Greenway <b>Bronze</b>	Edward Chandler Rosie Middlewick Marshall Greensmith <b>Bronze</b>

**Sparring:** Edward Chandler (Newbury/Bath Team) – Gold.



Special mention this month to **Anthony Alemany** who moved from Little PUMA to a Junior. Well done Sir!

## **Information from your Instructors**

Please note the next grading is on the Sunday 5th December. This means that the time between grading this time is going to be closer to two months rather than the normal three months. Therefore students need to hit the ground running with their training if they are to be at the required standard to be considered for grading in December.

## **Quick Quiz**

*True or False:* Quote from Mr Sanderson in Planet PUMA (Issue 19) discussing his London Marathon run 'I **harbour a severe dislike for running**'

Last Months Answer. *True. Philip Ahn did play Master Kan in Kung Fu.*

## **Taekwon**

**Master Ogborne, Mr. Sanderson, Mrs. Sukwong-Fletcher, Mr. Shelford and Dennis Greensmith (Editor)**